



Sports Medicine Team of the Year Program Evaluation Form and Score Sheet

Nominee: AT Name _____ School: _____

NATA Defined Standards

Standard 1: Athletes’ readiness to participate in activity is determined through a standardized pre-participation physical examination (PPE) screening process.

| | | | | |
|--|-------------------------------------|------------------------------|-----------------------------------|--|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--|-------------------------------------|------------------------------|-----------------------------------|--|

Explain: _____

Standard 2: Practice, competition and athletic health care facilities as well as equipment used by athletes are safe and clean.

| | | | | |
|--|-------------------------------------|------------------------------|-----------------------------------|--|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--|-------------------------------------|------------------------------|-----------------------------------|--|

Explain: _____

Standard 3: Equipment worn by athletes is properly fitted and maintained while instructions to use safely and appropriately are provided

| | | | | |
|--|-------------------------------------|------------------------------|-----------------------------------|--|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--|-------------------------------------|------------------------------|-----------------------------------|--|

Explain: _____

Standard 4: Protective materials and produces used to prevent athletic injuries are safely and appropriately applied.

| | | | | |
|--|-------------------------------------|------------------------------|-----------------------------------|--|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (1) | Poor performance (-5) |
|--|-------------------------------------|------------------------------|-----------------------------------|--|

Explain: _____



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Standard 5: Athletic Participation in a safe environment is ensured or activity is modified or canceled based on established environmental policies.

| | | | | |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|

Explain: _____

Standard 6: Education and counseling is provided for athletes on nutrition, hydration and dietary supplementation.

| | | | | |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|
| Exceeds Standards (5) | Meets Standard (4) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|

Explain: _____

Standard 7: Wellness programs promote a safe progression of physical fitness and improve long-term health across an athlete’s lifespan.

| | | | | |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|

Explain: _____

Standard 8: Comprehensive athletic emergency action plan (EAP) is established and integrated with local EMS per athletic venue.

| | | | | |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|--------------------------|-----------------------|----------------|---------------------|--------------------------|

Explain: _____



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Standard 9: On –site prevention, recognition, evaluation and immediate care of athletic injuries and illnesses are provided with appropriate medical referrals.

| | | | | |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|

Explain: _____

Standard 10: On-site therapeutic intervention (pre-, post-, and non-surgical conditions) outcomes are optimized by developing, evaluating and updating a plan of care for athletes.

| | | | | |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|

Explain: _____

Standard 11: Comprehensive management plan for at-risk athletes with psychological concerns.

| | | | | |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|

Explain: _____

Standard 12: Comprehensive athletic health care administration system is established to ensure appropriate medical care is provided.

| | | | | |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|---------------------------------|------------------------------|-----------------------|----------------------------|---------------------------------|

Explain: _____



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Added Standard A: Favorable performance evaluation and feedback from School Principal, Athletic Director and District Athletic Director.

| | | | | |
|----------------------------------|-------------------------------|------------------------|-----------------------------|----------------------------------|
| Exceeds Standards (5) | Meets Standard (3) | Neutral (1) | Sub-standard (0) | Poor performance (-5) |
|----------------------------------|-------------------------------|------------------------|-----------------------------|----------------------------------|

Explain: _____

Added Standard B: Team physician involvement within comprehensive AT program.

Attendance at games/events:

| | | | | |
|-------------------------------|-------------------------------|----------------------------------|--------------------------------------|------------------------------|
| Always attends (5) | Mostly Attends (3) | Sometimes attends (1) | Almost never attends (.5) | Never attends (0) |
|-------------------------------|-------------------------------|----------------------------------|--------------------------------------|------------------------------|

Explain: _____

Communication:

| | | | | |
|---|---|------------------------|-------------------------------|--|
| Frequent, reliable communication (5) | Can easily reach when needed (3) | Neutral (1) | Hard to reach (.5) | No response communication (0) |
|---|---|------------------------|-------------------------------|--|

Explain: _____

Professional Development:

| | | | | |
|---|--|--|---|---|
| Attends JSMP events and works with AT staff to develop high quality outcomes (5) | Maintains a current knowledge of Sports Medicine Best Practices (3) | Some sports medicine knowlege (1) | Little sports medicine knowlege (.5) | No known professional development in sports medicine (0) |
|---|--|--|---|---|

Explain: _____



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Added Standard C: School administration and parental input

Principal

| | | | | |
|---|--|------------------------|--|--|
| Routinely engaged and supportive of comprehensive AT program (5) | Asst Principal assigned but, engaged and supportive (3) | Neutral (1) | Administration not really interested in AT program (.5) | No administrative support (0) |
|---|--|------------------------|--|--|

Explain: _____

Athletic Director

| | | | | |
|---|---|------------------------|---|-----------------------------------|
| Routinely engaged and supportive of comprehensive AT program (5) | Peripheral support of AT program (3) | Neutral (1) | Athletic Director not really interested in AT program (.5) | No support form AD (0) |
|---|---|------------------------|---|-----------------------------------|

Explain: _____

Coaches

| | | | | |
|---|--|--|--|---|
| All coaches knowledgeable and respectful of comprehensive AT program (5) | Most coaches knowledgeable and respectful of comprehensive AT program (3) | Some coaches knowledgeable and respectful of comprehensive AT program (1) | Most coaches not really interested in AT program (.5) | All coaches not interested in AT program (0) |
|---|--|--|--|---|

Explain: _____



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Parents

| | | | | |
|---|--|--|--|---|
| All parents knowledgeable and respectful of comprehensive AT program (5) | Most parents knowledgeable and respectful of comprehensive AT program (3) | Some parents knowledgeable and respectful of comprehensive AT program (1) | Most parents not really interested in AT program (.5) | All parents not interested in AT program (0) |
|---|--|--|--|---|

Explain: _____

Scoring:

| | | | |
|-------------------------|-----------------|-----------|--------------|
| Nata defined standards: | Total possible: | <u>60</u> | Score: _____ |
| Added standard A | Total possible: | <u>5</u> | Score: _____ |
| Added standard B | Total possible: | <u>15</u> | Score: _____ |
| Added standard C | Total possible: | <u>20</u> | Score: _____ |

Total evaluation Total possible: 100 Score: _____